

Molly W. Schenck

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Full CV available at mollywschenck.com/cv

EDUCATION

Master of Fine Arts, Dance, Arizona State University, Tempe, AZ, 2016
Master of Education, Higher Education, University of Maine, Orono, ME, 2011
Bachelor of Arts, Theatre, University of Maine, Orono, ME, 2009

CERTIFICATIONS & TRAININGS

Dynamic Embodiment® Somatic Movement Therapist Training with Dr. Martha Eddy, In-Progress;
BodyMind Dancing® Teaching Certification, In-Progress, Hybrid
Certified Trauma Support Specialist, 2021, 2020, 2019, 2018; AZ Trauma Institute International, Online
300-Hour Yoga Teacher Training, May 2020, Vedansha International Yoga Academy in Rishikesh, Online
TRX® Suspension Training Certified Coach, Fitness Anywhere, May 2020, Online
Yoga Alliance Continuing Education Provider (YACEP), June 2019, Yoga Alliance, Online
E-RYT® 200 Hour, June 2019, Yoga Alliance, Online
Body Positivity Coach, January 2019; Bloom Fit Training; Scottsdale, AZ
CPR AED, January 2019; Monsoon Medics, Peoria, AZ
Fitness Nutrition Specialist, April 2018; National Academy of Sports Medicine, Online
Group Fitness Instructor, December 2017; American Council of Exercise, Online
Personal Trainer, October 2017; National Academy of Sports Medicine, Online
RYT - 200 Hour Yoga Teacher Training, 2016; Awaken Life School of Yoga, Nosara, Costa Rica
POUND® Pro Training, 2016; Eutopia Fitness & Dance, Phoenix AZ
Zumba® Basic Level I, 2011; Student Recreation and Fitness Center, Orono, ME

A SELECTION OF RELEVANT TEACHING EXPERIENCE

Health, Wellness, & Fitness

MindBody & Group Fitness Instructor, Mountainside Fitness (2016 - 2020)
Yoga & Meditation Instructor, Fit2You, LLC (2020)
Fitness Faculty Adjunct, Bryan University (2018)
Yoga & Meditation Instructor, Balanced You, LLC (2018)
Personal Trainer, Mountainside Fitness (2018 - 2019)
Instructor, Scottsdale Community College Wellness Center (2018)
Body, Mind & Spirit Instructor, Virginia G. Piper Cancer Care Network (2018)
Faculty Adjunct, Mesa Community College Dept. of Exercise Science (2017)
Strength and Conditioning Coach, Arizona State U. Athletics (2016-2018)
Zumba/POUND Instructor, Lifestart Fitness (2017 - 2018)
Yoga Instructor, Sutra Studios (2017)
Yoga Instructor, Anytime Fitness (2017)
Yoga Instructor, 24 Hour Fitness (2012-2013)
Group Fitness Instructor, University of Maine Student Recreation and Fitness Center (2010-2011)

Dance

Faculty Associate at Grand Canyon University (2016-Present)
Adjunct Faculty at Mesa Community College (2018-Present)
Instructional Professional at Arizona State University (2012-2017)
Dance Educator, Movement Exchange: Panamá (2014)
Guest Artist, Universidad de Panamá (2014)

PROFESSIONAL AFFILIATIONS

2017-Present, National Academy of Sports Medicine
2013-2017, 2020-Present, National Dance Education Organization
2016-2020, Yoga Alliance
2017-2019, American Council of Exercise
2016-2018, POUND® Pro
2011-2014, 2016-2018, Zumba® Instructor Network